

P4HE Quarterly Learning Journey: Empowering Knowledge and Growth

Introducing a Quarterly Approach

This document introduces the P4HE Collaborative's new **Quarterly Learning Journey**, designed to benefit individuals and organizations striving to advance health equity through comprehensive and engaging learning experiences. Each quarter, we will focus on a specific theme, offering a series of webinars, workshops, and resources that are curated to enhance knowledge and skills. By focusing on one quarterly topic of action and including several smaller learnings that lead to a final action-focused event, participants can gain practical knowledge. Below is an overview of our new quarterly offerings.

Empowering Knowledge and Growth

In today's rapidly evolving landscape, continuous learning and growth are essential for both individuals and organizations. Our **P4HE Quarterly Learning Journey** is designed to empower participants with the knowledge and skills needed to advance health equity. This journey is not just about acquiring information; it's about transforming that knowledge into actionable insights that drive meaningful change.

Key Components of Empowering Knowledge and Growth:

- **Diverse Learning Formats:** We offer a variety of learning formats, including webinars, workshops, and blogs, to cater to different learning preferences, experience levels, and schedules. This ensures that everyone can find a format that works best for them.
- **Expert Insights:** Several of our sessions feature industry-recognized and lived experience subject matter experts who bring a wealth of knowledge and practical tips. Participants can gain valuable insights from a variety of viewpoints that can be immediately applied to their work.
- **Collaboration Opportunities:** The journey provides a platform for participants to connect with peers, industry leaders, and experts. These connections can lead to valuable collaborations and growth.
- **Engaging Sessions:** Our live sessions are designed to be interactive, encouraging active participation and engagement. This not only enhances the learning experience but also fosters a sense of community among participants.
- **Timely and Relevant Content:** The themes and topics for our quarterly learnings are carefully selected based on feedback from our Collaborators to address current health equity priorities. This ensures that the content is not only informative but also highly relevant to the needs of the Collaborative.

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- **Comprehensive Resources:** In addition to live sessions, participants have access to a wealth of P4HE created resources including [summit sessions](#), [podcasts](#), [webinar syntheses](#), [workshop resources](#), [blogs](#), and [curated resource lists](#) housed in our [Resource Library](#) and shared through [our Newsletter](#). These resources provide additional depth and context, supporting continuous learning beyond the sessions.

By integrating these components, our **P4HE Quarterly Learning Journey** aims to empower participants with the knowledge and skills needed to make a positive impact on health equity. Join us on this journey to expand your knowledge, enhance your skills, and connect with a community of like-minded individuals. Together, we can achieve greater heights and make a positive impact on health equity.

Learnings Overview

Registration information and details for our upcoming events will be listed on our [Learn page](#) as it becomes available.

Learning Type	Description
Quarterly Topic Blog	This blog offers a broad exploration of the quarterly topic, incorporating research-informed insights and practical applications. It serves as a foundational resource that complements the Level Setting Dialogue by providing additional context and depth.
Quarterly Resource List	This curated list of valuable tools, articles, and publications related to the quarterly topic offers resources focused on level setting or moving to action. It supports learners in further exploring the topic and preparing for more interactive sessions.
Level Setting Dialogue	This pre-recorded session introduces the quarterly topic and how it relates to health equity, providing expert insights, practical applications, and real-world examples. It sets the stage for deeper exploration and understanding.
Interactive Learning Session	The Interactive Learning Session is a live event focused on collaboration and designed to complement the pre-recorded Level Setting Dialogue, the Quarterly Topic Blog, and the Quarterly Resource List. This session will promote networking, collaborative discussions, and enhance health equity work through seeking to build common definitions and understandings of ongoing work across sectors.

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P4HE Podcast	The podcast features discussions that reinforce the quarterly topic. It provides an ongoing, accessible way for learners to stay engaged and informed on varying points of view.
Workshop Sprint (Learn, Discuss, Create)	<p>This multi-session learning engagement provides a dedicated and facilitated space for attendees to learn about a particular topic related to health equity and to put it into practice.</p> <ul style="list-style-type: none"> › Learn: This phase provides foundational knowledge and context, building on the topic introduced in the Level Setting Dialogue and Quarterly Blogs. › Discuss: Interactive discussions allow learners to share insights, ask questions, and explore the topic in more depth. › Create: Practical activities and projects help learners apply what they've learned, generating tangible outputs that can be shared and discussed.
Quarterly Webinar	This webinar brings together the insights, discussions, and practical applications. It focuses on calls to action for cross-sector collaborators, leveraging the knowledge and resources developed throughout the quarter. The webinar highlights key takeaways, showcases successful applications, and outlines actionable steps for advancing health equity across sectors.